Kish Health System
KISHWAUKEE
Community Hospital
WellnessClub

Members receive 10% off Wellness Club entrees. Non-members may purchase these entrees at full price. Menu items are listed at full price.

Rosita's

642 E. Lincoln Hwy, DeKalb
815.756.1201

Pollo Poblano $9.99

- Order without cheese
- Take half of the chicken and rice home
- Eat just 2 corn tortillas

Calories: 455 Fat: 8.8 g Sat. Fat: 1.4 g

Santa Fe Chicken $9.99

- Take half of the chicken home
- Order without cheese
- Order corn tortillas & limit your portion to 2

Calories: 530 Fat: 10.4 g Sat. Fat: 1.5 g

Grilled Salad $9.49

- Order with monterey jack cheese on the side
- Order with chicken only

Calories: 460 Fat: 9.1 g Sat. Fat: 3.9 g

10% discount applies only to entrées on this list and may not be combined with any other discount or special pricing. Prices subject to change. This discount cannot be applied to regular menu entrées, beverages or gratuity. Nutritional values listed are estimated based upon recipe amounts. Actual values may vary according to preparation.